



OFFICE OF THE GOVERNOR
Rick Perry

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Gov. Perry Launches 6th Annual Texas Round-Up
Challenges Texas families to get active

AUSTIN – Gov. Rick Perry today kicked-off the 6th annual Texas Round-Up and issued the statewide Governor's Challenge, a competition among schools, cities, state agencies, companies, families and social organizations to win the Governor's Cup and be named "Fittest in Texas." The governor was joined by more than 300 students at Mathews Elementary School, whom he challenged to make exercise and healthy lifestyle choices part of their daily routine.

"Use time with your loved ones as a way to be more active and make healthier choices," said Gov. Perry. "When you are at home with your family or spending time with your friends, make it active time and take a walk or go for a hike. By supporting each other, we can all reach our fitness goals and live healthier lives."

On Saturday, April 25, the Texas Round-Up celebration will include 5K and 10K competitive races, the family mile race, and a fit kids fun zone with interactive demonstrations and activities. The races will end with a fitness festival at the State Capitol to encourage children and families to make fitness and nutrition a priority in their lives. The winners of the "Fit Texan", "Fit Kid" and "Fit Family" competitions, which began in December, will also be announced.

This year, 28 Round-Up-affiliate cities are leading efforts to make Texas the fittest state in the nation and will host fitness events for their communities. These cities include Austin, Bay City, Bevil Oaks, Brenham, Denton, Dish, Dumas, El Paso, Euless, Georgetown, Grand Prairie, Grapevine, Houston, Longview, Midland, North Richland Hills, Northlake, Onalaska, Palestine, Pilot Point, Port Aransas, Roanoke, Round Rock, Slaton, South Padre Island, Sugar Land, Temple and Watauga.

Since its inception in 2004, more than 66,000 Texans have participated in Texas Round-Up's online program. Participants can use Texas Round-Up's free online tool, *GetFitTexas*, to track exercise progress, access training tips and advice before the race, and create teams to compete in the Governor's Challenge. Each participant who completes the online training program can download a signed certificate from Gov. Perry.

An avid runner, Gov. Perry has made fitness and healthy lifestyles choices an important part of his healthcare initiatives. Too many Texans face serious health problems as a result of poor nutrition and lack of exercise, and complications from obesity cost the state billions of dollars each year in lost productivity, creating an increased burden on the healthcare system.

To learn more about Texas Round-Up and its programs, please visit www.texasroundup.org.

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